JumpSport® Fitness Trampoline™ User's Manual

Assembly, Installation, Care, Maintenance, and Use Instructions

DO NOT attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis or death, even when landing in the middle of the bed.

⚠ WARNING

Read these materials prior to assembling and using this rebounder trampoline

Use trampoline only with mature, knowledgeable supervision.

DO NOT allow more than one person on the trampoline. Use by more than one person at the same time can result in serious injury.

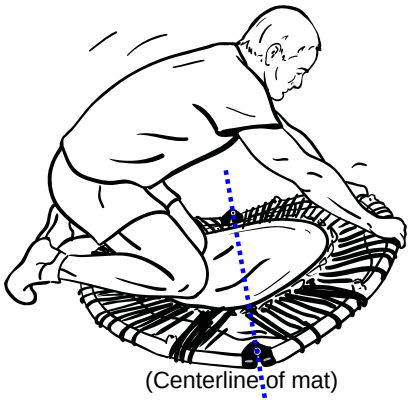
- ⚠ **WARNING:** Users should consult with a physician before beginning any exercise or conditioning program.
- If user feels faint or dizzy, immediately stop using the rebounder trampoline.
- Avoid bouncing when tired. Take breaks often.
- Use only in a well lit area by responsible, mature, non-intoxicated persons.
- Only use trampoline on a level surface, and only use when dry.
- Keep away from objects which could interfere with safe use. Clear obstructions underneath, above, or around the rebounder trampoline. Check for adequate vertical clearance (avoid low ceilings, ceiling fans, light fixtures, etc.) and lateral clearance (avoid furniture, lamps, walls, other trampolines, etc.).
- Inspect before each use. Replace or adjust any loose, worn, defective, or missing parts.
- Do not jump on and off the trampoline. Do not use the trampoline as a springboard to or from other objects. Do not step on the frame when getting on and off the trampoline.
- Stop bounce by flexing knees as feet come in contact with the trampoline bed. Learn this skill before attempting other more advanced moves. Control is more important than bounce height.
- For information concerning skill training, contact a qualified fitness trampoline instructor.
- Store and protect trampoline from unauthorized use.
- For additional information, contact us at JumpSport.com or 1-877-507-1399.

It is the responsibility of the purchaser to become familiar with all of the information in this booklet, to convey the warnings to all users, and to enforce JumpSport's rules for safe use.

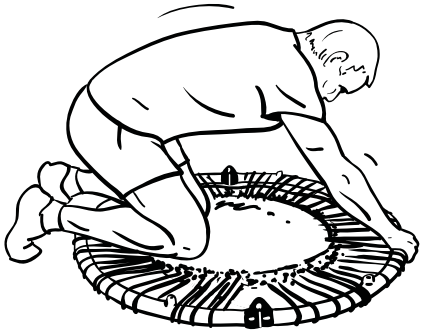
Commercial Use

Only models in our 300 Series are for commercial use, and are subject to shorter warranty periods (see Warranty section).
Stacking: Use 2 people when stacking or unstacking units. Stack 8 units max, with feet down.

** Unfolding/Folding the Trampoline **



(Centerline of mat)



⚠ **WARNING:** *When folding and unfolding the trampoline, keep head and face away from frame at all times. Failure to do so can cause serious injury to head or face, or lead to other serious injuries.*

To unfold/fold your trampoline:

- Lay the trampoline upside down and flat on the ground.
- Place both knees near the center of the mat without them going past the center line, about shoulder-width apart, and with the hinges directly to the left and right of you. Place hands on top side of frame (also about shoulder-width apart), and ***slowly*** push the frame open, or ***slowly*** pull it closed.
- After the trampoline is fully opened, adjust the elastic cords to make sure they are all evenly spaced around the frame.

Note: *When folding the trampoline closed, be sure to remove the exercise handle bar and legs (if any are installed), following the instructions for installing them in reverse order.*

IMPORTANT: *Be careful to hold the frame securely and ease it shut as it closes.*

Retain address information for future use.

(Pictures are for illustration purposes only and may not match actual product.)

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U.S. Patent No. 6,840,891. Additional Patents Pending.
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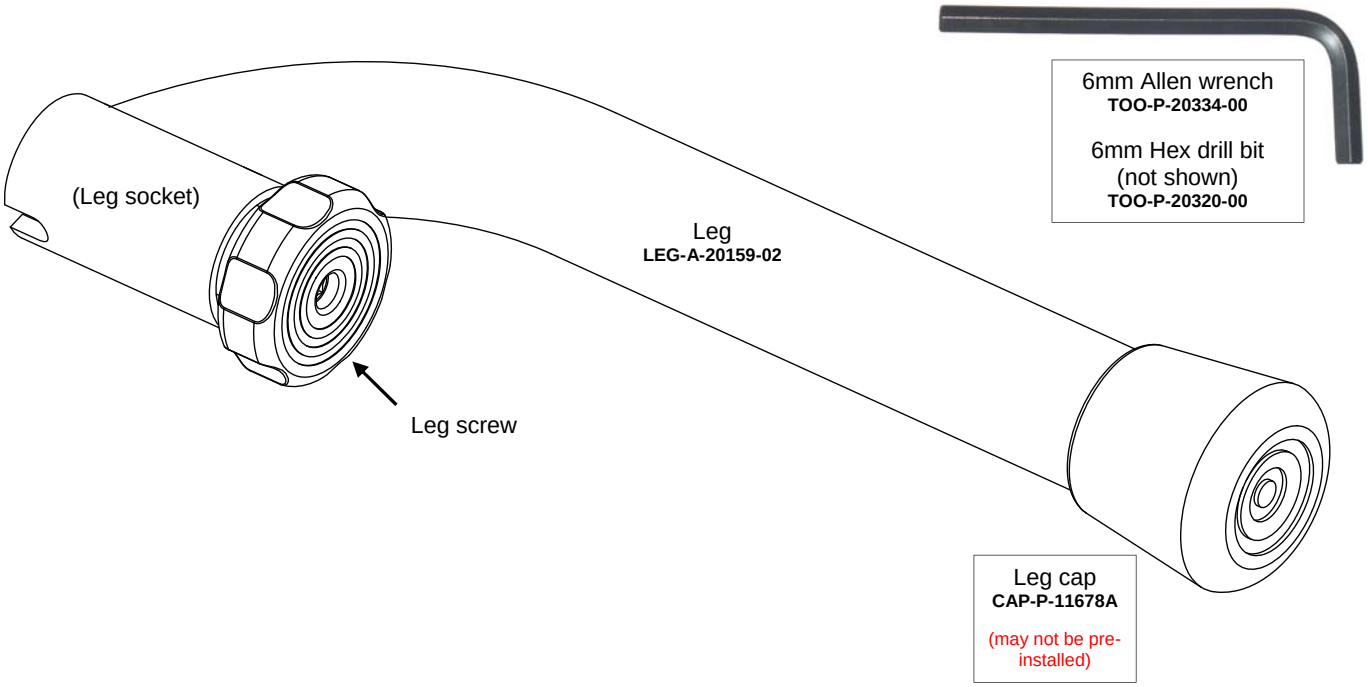
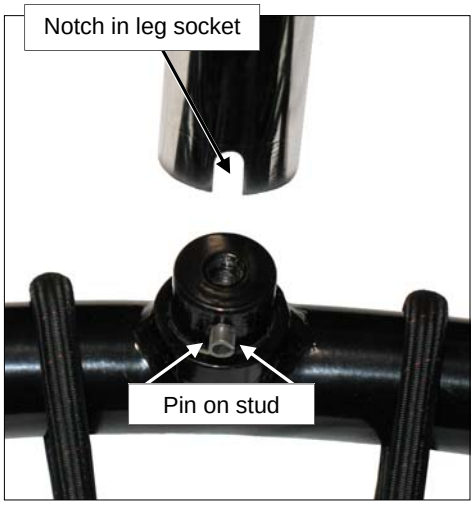
** Installing Leg Pieces **



1) Familiarize yourself with the leg pieces (leg and leg cap), leg screw, and the Allen wrench/drill bit.

IMPORTANT: Be sure leg caps are installed securely over bottom of legs, as shown above.



WARNING: *Periodically check all leg screws and retighten if necessary. All leg screws should be tight prior to using the rebounder trampoline.*

Note: *Keep Allen wrench to remove or re-tighten legs, as needed.*

2) *If you are going to install an exercise handle, see next page for handle leg placement before installing the legs in this step.*
With trampoline upside-down, fit leg sockets over stud on trampoline frame. Notch in leg socket lines up with pin on stud. If planning to fold and store your trampoline after each use, securely tighten leg screws by hand. If you are not planning to fold and store the trampoline after each use, securely tighten leg screws with supplied 6mm Allen wrench.

The JumpSport Fitness Trampoline is now ready for use!

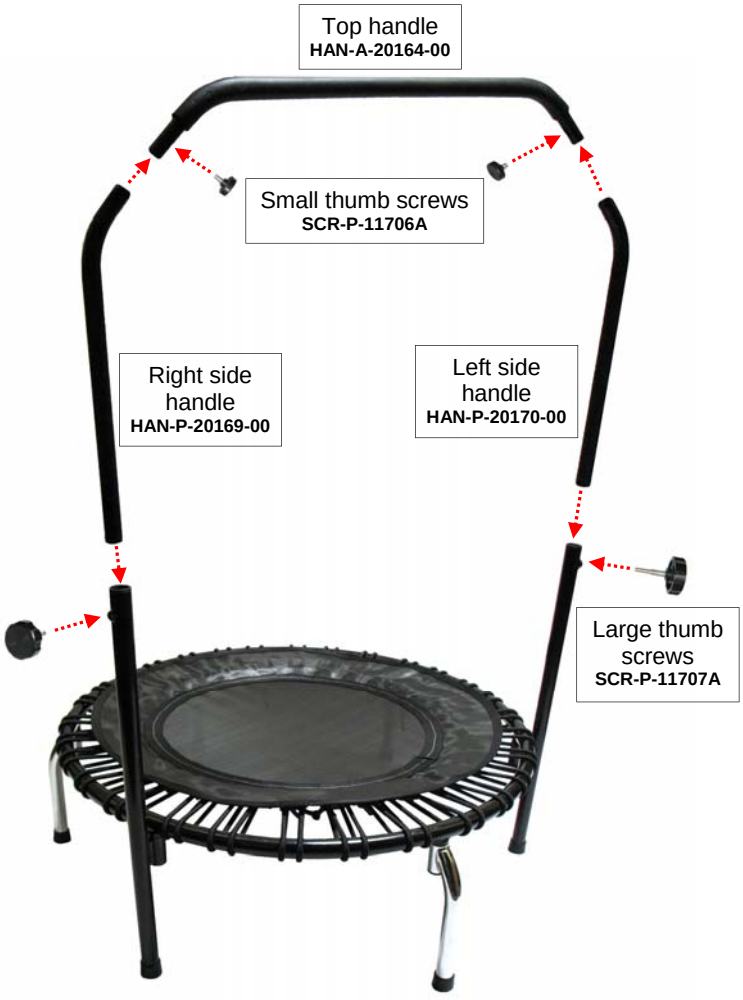
If you have an exercise handle bar, continue to the next page for installation instructions.

** Installing Exercise Handle Bar **

1) The 2 handle legs will be installed in place of the normal legs at the 2 locations shown above. Turn trampoline upside-down, fit leg socket over stud on trampoline frame, and tighten bolts. Be sure the Fitness Trampoline logo is centered between the 2 handle legs.

⚠ CAUTION

Avoid Injury.
Exercise handle bar (when attached to the rebounder) is not designed to support your entire weight. It is to aid with balance and provide exercise versatility.



2) Connect side handles to top handle, and secure with small thumb screws to create a "top assembly".

3) Lower top assembly into handle legs. *You may have to rotate entire top assembly 180 degrees for holes to line up.* Adjust height as necessary, before securing with large thumb screws.

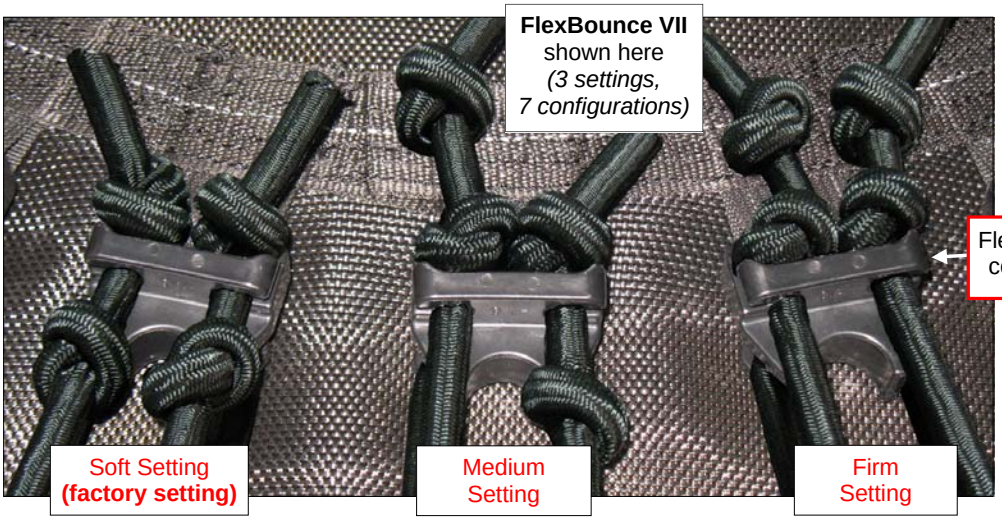
Your exercise handle bar is now installed!

To remove the handle, follow the installation instructions in reverse order.

** How to Adjust FlexBounce™ Cords **
(if applicable)

If you wish to change the firmness of your rebounder, turn it upside down. Then pull cord tighter to different knot, according to chart. See picture for firmness settings.

FlexBounce III = 3 knot cord
FlexBounce VII = 4 knot cord

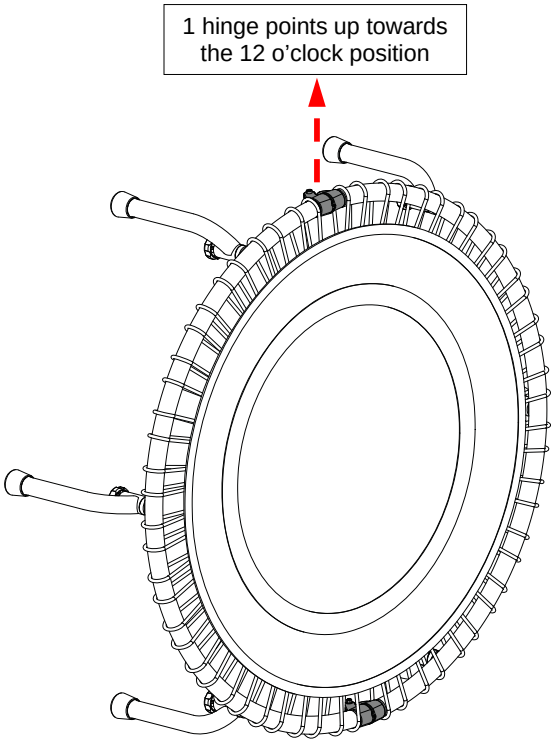


Softer	FlexBounce III Configurations	FlexBounce VII Configurations	Softer
	Soft Setting on all FlexBounce connectors	**Soft Setting on all FlexBounce connectors**	
	Medium Setting on every *other* connector	Medium Setting on every *other* connector	
		Soft / Medium / Medium Settings (repeat pattern)	
	Medium Setting on every connector	Medium Setting on every connector	
		Firm Setting on every *other* connector	
		Medium / Firm / Firm Settings (repeat pattern)	
Firmer		Firm Setting on every connector	Firmer

CAUTION: Pinch Point.
Avoid touching hinges directly.

** Use Instructions **

WARNING: *Frame can snap shut when resting on it's side when hinges are not in a vertical position.*



If the trampoline is ever going to be held or used in a position where all 6 legs are not sitting flat on the same ground together, be sure to orient the trampoline so that one of the hinges is pointing straight up into the air towards the 12 o'clock position. This will help prevent the trampoline from folding or closing unexpectedly while under pressure.

JumpSport®

Limited Warranty

What is covered by this warranty? This warranty covers a one-time replacement of any defects in materials or workmanship on all of the components of the JumpSport Fitness Trampoline, and is extended exclusively to the original retail purchaser.

How long does this coverage last? Warranty coverage for each component begins from the original date of purchase and lasts as follows:

	Private Use	Commercial Use (300 Series only)
Steel Frame & Legs	Lifetime	5 years
Jumping Surface	5 years	1 year
EnduroLast 2 Elastic Cords	2 years	**n/a**
EnduroLast 4 Elastic Cords	4 years	12 months
EnduroLast 6 Elastic Cords	6 years	18 months
All other components	1 year	1 year

What will JumpSport do? If you return the defective part to JumpSport, as instructed below, JumpSport will either repair or replace such part, at JumpSport's discretion, and return it to you.

What is not covered by this warranty? This warranty does not cover expenses of on-site labor, shipping costs, travel, assembly or disassembly, or other charges associated with the repair or replacement of covered components. This warranty also does not cover any problem that is caused by abuse, misuse, commercial or public use of 200 Series models, ordinary wear and tear, outdoor use, weathering, acts of God (such as wind and lightning), failure to follow directions, improper installation, improper maintenance, or any silk screened graphics. Rust is a natural occurrence with any steel product and is likewise not covered by this warranty, to the extent that it does not affect the structural integrity of the part.

JUMPSPORT IS NOT RESPONSIBLE OR LIABLE FOR INDIRECT, SPECIAL, OR CONSEQUENTIAL DAMAGES ARISING OUT OF OR IN CONNECTION WITH THE USE OR PERFORMANCE OF THE PRODUCT OR OTHER DAMAGES WITH RESPECT TO ANY LOSS, INCLUDING BUT NOT LIMITED TO ECONOMIC LOSS, LOSS OF PROPERTY, LOSS OF REVENUE OR PROFITS, LOSS OF ENJOYMENT OR USE, COST OF REMOVAL, INSTALLATION OR OTHER CONSEQUENTIAL DAMAGES. SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES. ACCORDINGLY, THE ABOVE LIMITATION MAY NOT APPLY TO YOU.

THE WARRANTY EXTENDED HEREUNDER IS IN LIEU OF ALL OTHER WARRANTIES AND ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE IS LIMITED IN ITS SCOPE AND DURATION TO THE TERMS SET FORTH HEREIN. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS. ACCORDINGLY, THE ABOVE LIMITATION MAY NOT APPLY TO YOU.

How to get a defective part replaced:

1) Call the JumpSport Customer Service department at 1-877-507-1399 to obtain a Return Authorization number. All returns must be pre-authorized.
2) Send the part(s) to the designated Service Center, along with a copy of your original sales receipt and a brief written description of the problem, including how it occurred. You must pay freight and insurance to return the part to JumpSport. At JumpSport's sole discretion, we may ask you to send photographs in addition to or in lieu of returning the part.
3) After inspecting the returned part(s), JumpSport will make a final determination whether the part is covered by this warranty. We reserve the right to examine photographs or physical evidence concerning parts claimed to be defective prior to making a final determination concerning the claim. A repaired or replacement part will be returned to you. Please allow 3 to 4 weeks for delivery.

This warranty gives you specific legal rights. You may also have other rights which vary from state to state.

* Only the models in our 300 Series of Fitness Trampolines are approved for commercial use. When used in a commercial setting, the commercial warranty applies.

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